Maria Conlon

2022 Spotlight Recipient

Maria Conlon was a member of the UCONN Huskies Women's Basketball team from 2001-2004 and won 3 NCAA Championships. Maria has coached women's basketball at Southern University, Notre Dame High School, and is currently the head coach at Greens Farms Academy girls basketball in Westport. Coach Conlon is the owner and founder of BattleCon AAU program for youth basketball. Treasurer of the city of Derby. Owner of Steady Habits Tasting Lounge and will be launching a new podcast soon called "Work Hearter". Focusing on discussing all things behind helping young athletes and professionals overcome obstacles set by themselves and the world that are preventing them from being their best. Maria is an Investment Advisor Representative and managing partner for Maffe Financial Group.